

## **GISBORNE TAEKWONDO SPARRING COMPETITION.**

- Hosted by:** Gisborne Taekwondo
- Competition Date:** 6<sup>th</sup> & 7<sup>th</sup> march 2010
- Competition Venue:** Gisborne Taekwondo.  
Hamilton Road  
New Gisborne.
- Tournament Rules:** No win by 7 point gap or 12 point ceiling  
3 points for head kicks  
2 points for turning kick
- Closing Date:** 26<sup>th</sup> February 2010
- Entry Fee:** \$30
- Registration:** Submit entry and “Money Order” to  
  
Glyn Thomas  
5 Hill Top Way  
Gisborne 3437
- Enquiries:** Glyn Thomas  
0401 878 190  
Email: [glyn.thomas@netconnect.com.au](mailto:glyn.thomas@netconnect.com.au)
- Weigh In:** While there is no official weigh in for this event,  
Instructors are responsible for checking that the  
weight categories nominated on entry forms are  
Correct.